

# FALL PROGRAM 2016

**JUDI BOSWORTH  
SUPERVISOR**

**TOWN OF NORTH HEMPSTEAD  
MICHAEL J. TULLY PARK  
AQUATIC ACTIVITY CENTER**

**JILL WEBER  
COMMISSIONER**

ACTIVITY	DAYS	TIME	CODE	DATES	NO CLASSES	MEMBER	NON	NON	INSTRUCTOR
						FEE	MEMBER FEE	RESIDENT FEE	
<b>AQUACISE/ZUMBA</b>	T, TH	8:45AM-9:45AM	31710A	SEPT. 13-DEC. 15	NOV. 24	\$45.00	NA	NA	WENDY
<b>AQUACISE</b>	T, TH	12:30PM-1:30PM	31710D	SEPT. 13-DEC. 15	NOV. 24	\$45.00	NA	NA	WENDY
<b>DEEP WATER AQUACISE</b>	MON/WED	12:30PM-1:30PM	31710B	SEPT. 12 - DEC. 14		\$45.00	NA	NA	WENDY
<b>EXERCISE</b>	T, TH	10:00AM-11:00AM	31680C	SEPT. 13 - DEC. 15	NOV. 24	\$45.00	\$216.00	\$259.00	WENDY
<b>ZUMBA</b>	MON/WED	10:00AM-11:00AM	31683B	SEPT. 12 - DEC. 14		\$45.00	\$232.00	\$278.00	ANGELICA
		<b>MON-DOWNSTAIRS RM/WED-UPSTAIRS RM</b>							
<b>ZUMBA</b>	TUES/THURS	10:00AM-11:00AM	31683C	SEPT. 13 - DEC. 15	NOV. 24	\$45.00	\$216.00	\$259.00	ANGELICA
<b>ZUMBA</b>	TUES	7:00PM-8:00PM	31683A	SEPT. 13 - DEC. 13		\$45.00	\$112.00	\$135.00	ANGELICA
PLEASE NOTE YOU CAN REGISTER YOUR CHILD IN ARTS AND CRAFTS FOR ONLY \$10 per session IF YOU REGISTER FOR ZUMBA DURING THE SAME TIME									
<b>YOGA</b>	T, TH	11:15AM-12:15PM	31681C	SEPT. 13 - DEC. 15	NOV. 24	\$45.00	\$216.00	\$259.00	WENDY
<b>YOGA</b>	TUE/THURS	6:15PM-7:15PM	31681B	SEPT 13 - DEC. 15	 NOV. 24	\$45.00	\$216.00	\$259.00	WENDY
<b>MOVEMENT/PILATES</b>	MON/WED	11:15AM-12:15PM	31681A	SEPT. 12 - DEC. 14		\$45.00	\$208.00	\$250.00	WENDY
		<b>MON-DOWNSTAIRS RM/WED-UPSTAIRS RM</b>							
<b>ADULT SWIM LESSONS</b>	TUES	10:30AM-11:00AM	31699A	OCT. 18 - NOV. 22		\$45.00	\$80.00	NA	DORIS
<b>ADULT SWIM LESSONS</b>	THURS	7:00PM-7:30PM	31699B	OCT. 13 - NOV. 17		\$45.00	\$80.00	NA	DORIS
<b>ADULT KICKBOXING</b>	SATURDAY	11:30AM-12:30PM	31688A	SEPT. 17 - NOV. 5		\$72.00	\$80.00	\$96.00	JOHN

**THERE ARE NO REFUNDS AND NO MAKE-UP CLASSES  
THE TOWN RESERVES THE RIGHT TO CHANGE A SCHEDULE, REGISTRATION OR FEES & TO CANCEL, RESCHEDULE OR MODIFY ANY CLASS  
EACH CLASS MUST HAVE 10 PARTICIPANTS**

## ACTIVITY REGISTRATION

**Aquatic Activity Center Members: Saturday August 6th 9:00am-4:00pm and continues daily-Online at 12noon and continues daily**

**Non-Members of the Aquatic Center/Residents: Saturday August 13th 9:00am-4:00pm and continues daily-Online at 12noon and continues daily**

**Non-Residents: Saturday August 20th 9:00am-4:00pm and continues daily-Online at 12noon and continues daily**

WEBSITE- [WWW.NORTHHEMPSTEADNY.COM](http://WWW.NORTHHEMPSTEADNY.COM)

(YOU MUST CREATE AN ONLINE ACCOUNT PRIOR TO THE REGISTRATION DATE TO USE THIS SERVICE)

**PROOF OF RESIDENCY IS REQUIRED FOR REGISTRATION. A DRIVERS LICENSE WILL SERVE AS PROOF**

**PAYMENTS ACCEPTED ARE: CHECK OR MONEY ORDER MADE OUT TO THE TOWN OF NORTH HEMPSTEAD, MASTERCARD or VISA**

# CHILDREN'S PROGRAMS

ACTIVITY	DAYS	TIME	CODE	DATES	NO CLASSES	MEMBER FEE	NON MEMBER FEE	NON RESIDENT FEE	INSTRUCTOR
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## CHILDREN SWIM LESSONS

### AGES 6-17 YEARS

LEVEL 2	SATURDAY	8:00AM- 8:50AM	31692A	OCT. 15 - NOV. 19		\$75.00	\$110.00	NA	STAFF
LEVEL 2		8:00AM- 8:50AM	31692B			\$75.00	\$110.00	N/A	STAFF
LEVEL 3		8:00AM- 8:50AM	31693A			\$75.00	\$110.00	NA	STAFF
LEVEL 4		8:00AM- 8:50AM	31694A			\$75.00	\$110.00	NA	STAFF
LEVEL 5		8:00AM- 8:50AM	31695A			\$75.00	\$110.00	NA	STAFF
LEVEL 2		9:00AM- 9:50AM	31692C			\$75.00	\$110.00	NA	STAFF
LEVEL 3		9:00AM- 9:50AM	31693B			\$75.00	\$110.00	NA	STAFF
LEVEL 6		9:00AM- 9:50AM	31696A			\$75.00	\$110.00	NA	STAFF
LEVEL 4		10:00AM-10:50AM	31694C			\$75.00	\$110.00	NA	STAFF
LEVEL 5		10:00AM-10:50AM	31695B			\$75.00	\$110.00	NA	STAFF

### GUPPIES

#### 6 MONTHS-3 YEARS

### DOLPHINS

#### 3-5 YEARS OF AGE

### SUNFISH

#### 5 YEARS OF AGE ONLY

### ARTS AND CRAFTS

### ARTS AND CRAFTS

	SATURDAY	10:15AM-10:45AM	31703A	OCT. 15 - NOV. 19		\$45.00	\$95.00	NA	STAFF
	SATURDAY	9:00AM-9:30AM	31701C	OCT. 15 - NOV. 19		\$45.00	\$95.00	NA	STAFF
	SATURDAY	10:50AM-11:20AM	31701D	OCT. 15 - NOV. 19		\$45.00	\$95.00	NA	STAFF
	SATURDAY	10:00AM-10:30AM	31704A	OCT. 15 - NOV. 19		\$45.00	\$95.00	NA	STAFF
	SATURDAY	11:00AM-11:30AM	31704B	OCT. 15 - NOV. 19		\$45.00	\$95.00	NA	STAFF
	TUESDAY	6:30PM-7:30PM	31684A	SEPT. 13 - OCT. 25		\$50.00	\$60.00	\$72.00	KATHY
	TUESDAY	6:30PM-7:30PM	31684A	NOV. 1 - DEC. 13		\$50.00	\$60.00	\$72.00	KATHY
<b>CHILDREN'S MARTIAL ARTS</b>	SATURDAY	10:00AM-10:30AM	31686A	SEPT. 17 - NOV. 5	AGES 5-7	\$ 90.00	\$ 100.00	\$ 120.00	JOHN
	SATURDAY	10:30AM-11:30AM	31686B	SEPT. 17 - NOV. 5	AGES 8-17	\$ 90.00	\$ 100.00	\$ 120.00	JOHN

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