

*For Immediate Release  
March 22, 2010*

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## **Town of North Hempstead Hosts Educational Seminar: Aging and Your Culture**

*Port Washington, NY*—Supervisor Jon Kaiman and the North Hempstead Town Board announce the presentation of an educational seminar focusing on how various cultural and ethnic groups view their elders and their attitudes about aging.

Presented by Project Independence, North Hempstead's ambitious initiative designed to help senior residents remain in their own homes, the seminar, *Aging and Your Culture*, is scheduled for March 23 from 10:00 a.m. to 12:30 p.m. It will be held at Harbor Links Golf Course Clubhouse, One Fairway Dr. in Port Washington.

“As our senior population increases along with the diversity of our residents, I believe it makes perfect sense to address a topic that not only speaks to those that have helped make North Hempstead one of the Best Places to Live in the country, but help give our increasingly diverse pool of residents insight into each other's cultures,” Supervisor Kaiman said.

The first in a series of community education seminars, the presentation will feature experts from various ethnic and cultural groups within North Hempstead. It will explore:

- Roles and expectations of the older generation within each group
- Cultural barriers to accessing services for the aging
- And how service providers can reach out to older cultural and ethnic group members.

Presenters Margaret Abraham Ph.D., Special Advisor to the Provost for Diversity Initiatives at Hofstra University, will discuss aging in the Indian/South Asian culture; Shahrzad Moadel, M.S., and a private practitioner, will discuss aging in the Persian culture; and Abraham Lurie, Ph.D., a Professor at the School of Social Welfare, Stony Brook University, will discuss aging in the Caucasian population.

The event will be moderated by Evelyn Roth, commissioner of North Hempstead's Department of Services for the Aging. Supervisor Kaiman will give a special introduction and a light breakfast will be served.

For more information call 311.

