North Hempstead Supervisor Jennifer DeSena and the Town Board present

The North Hempstead Transportation Innovation Series

Walk Bike North Hempstead!

March 23, 2022

LET'S MOVE LI
LONG ISLAND'S ACTIVE TRANSPORTATION INITIATIVE

CLIMATE SMART COMMUNITIES NEW YORK STATE

GreeNH

Actions are being taken, to reduce greenhouse gas emissions and to also reduce our dependency on non-renewable resources.

This Transportation Innovation Series will help our Town reduce GHGs from vehicles which represent over 31% of emissions on Long Island.

Agenda

- *Let's Move LI* - Long Island's Active Transportation Initiative
- Miles of Beautiful North Hempstead Trails
- 5, 10, and 15 minute Shop, Dine and Stroll Routes
- Future Active Transportation Plans

LET'S MOVE LI

LONG ISLAND'S ACTIVE TRANSPORTATION INITIATIVE

U.S. GREEN BUILDING COUNCIL CHAPTER

LONG ISLAND

It's Not About Buildings... It's About People.

What is Let's Move LI?

The Let's Move LI initiative is a collaboration among Long Island municipalities, schools, businesses and other organizations to promote active transportation across Long Island.

Goals

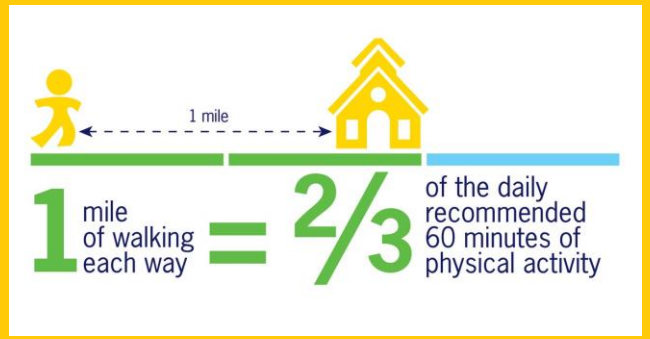
- Promote **walking and biking**, alone or connected to **public transit**
- Encourage bike and pedestrian **safety education** for students
- Support safe **walkability and biking infrastructure**

Benefits of Active Transportation

Health benefits

Walking and Cycling can better your health and well-being by:

- Lowering your blood pressure
- Increasing your energy
- Increasing your flexibility and muscle strength
- Improving your posture/balance
- Lowering your stress levels
- Reducing the risk of depression, heart disease, obesity, adult-onset diabetes, and osteoporosis



U.S. GREEN BUILDING COUNCIL CHAPTER
LONG ISLAND
It's Not About Buildings... It's About People.

LET'S MOVE LI
LONG ISLAND'S ACTIVE TRANSPORTATION INITIATIVE

Benefits of Active Transportation

Environmental benefits

Leaving your car at home:

- Cuts down on greenhouse gas emissions
- Reduces air pollutants
- Reduces noise pollution and congestion
- Reduces the need for new parking lots and roadways
- Saves valuable green space

Social/Safety benefits

Walking and cycling means:

- Increased contact with your neighbors and community
- More equitable access to education, jobs, recreation and health care
- Better access to mass transit
- Calmer and safer roads
- More "eyes on the street"

Benefits of Active Transportation

Economic benefits

- Walkable neighborhoods are catalysts for economic development and downtown revitalization and have higher home values.
- On average it costs $6,000-$8,000 per year to own and operate a car, but only $150 per year for a bicycle. And walking is virtually cost-free!
- Cars cause a lot more wear and tear on roads compared to walking and cycling.

How to Get Involved

Learn more by visiting our website at www.letsmoveli.com for

- Ideas on how to promote active transportation to your residents, students and employees
- Resources available on Long Island to help
- Recognition for your efforts!

North Hempstead Supervisor Jennifer DeSena
Council Member Mariann Dalimonte, in partnership with
the Nassau University Medical Center and the
New York Coalition for Transportation Safety, presents:

BIKE & HELMET SAFETY TIPS

Practice Safe Bicycle Riding

Participants must register by calling 311 by April 24.

BIKE SHARE IS COMING TO THE TOWN

- **Sponsor:** Bethpage Federal Credit Union
- **Timing:** May 1 – November 1
- **Dowload PedalShare app**
- **Cost:** $ 4.00 per hour
- **Bike Locations:**
  - Port Washington LIRR Station
  - Town Dock
  - Manorhaven Beach park

Miles of Trails

North Hempstead
Beach Park Trail
Legend

What to know

A passive recreational trail with beautiful views of Hempstead Harbor. Includes wetlands, wildlife and birds.

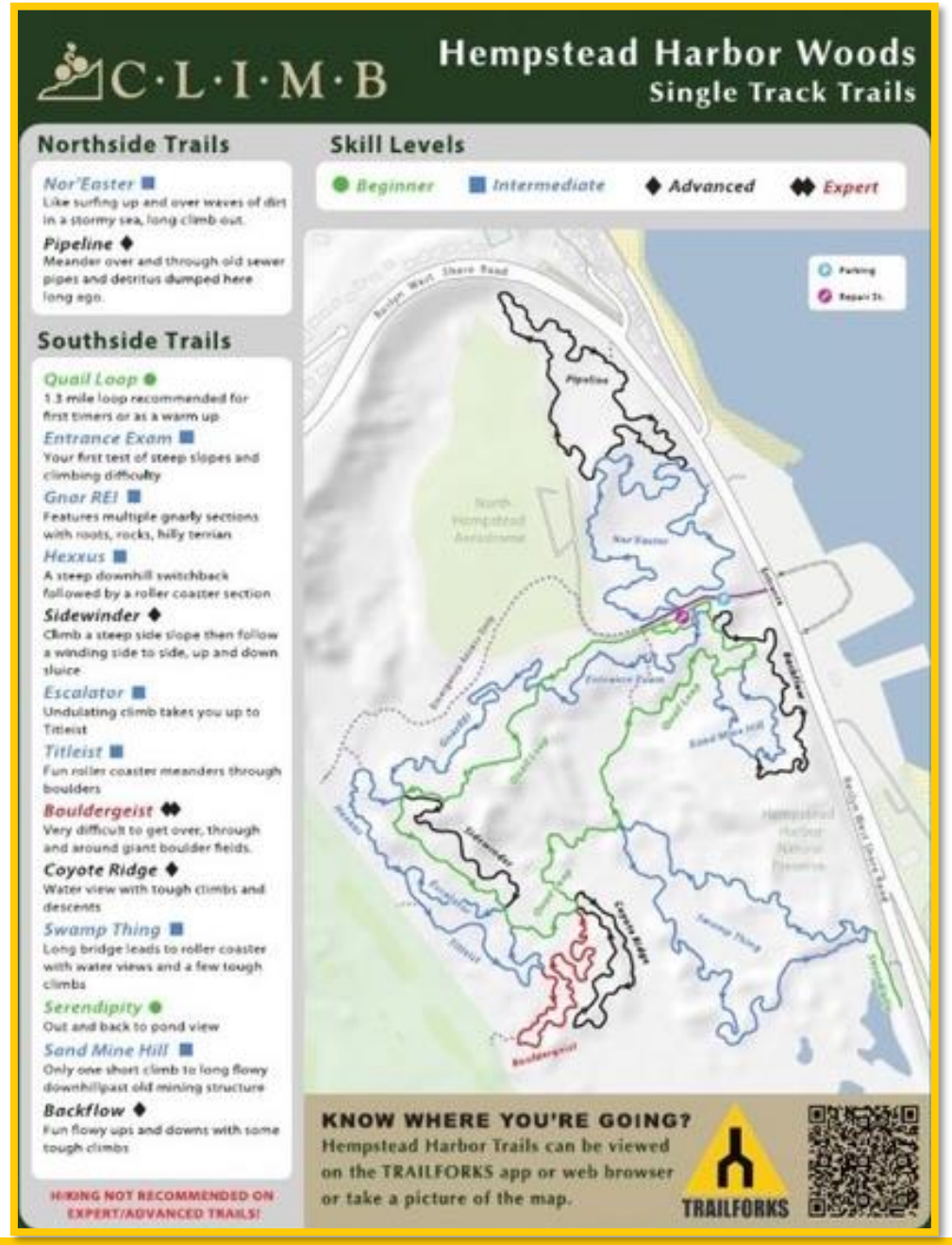
Parking: North Hempstead Beach Park

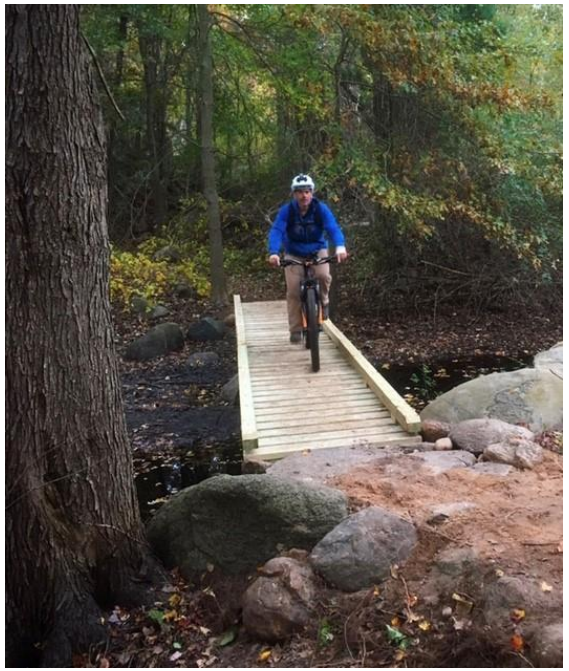
Trail length 1.92 miles (almost 4 miles out and back).

Difficulty: Pretty flat and meandering. There are some light hills. A combination of smooth and wood chip surfaces.

Handicapped accessibility: Sections are smooth and accessible, parking for these areas is in capital improvement plan.

Bathrooms: At adjacent North Hempstead Beach Park


C·L·I·M·B
Hempstead Harbor Woods
Single Track Trails
Northside Trails
Nor'Easter
Like surfing up and over waves of dirt in a stormy sea, long climb out.
Pipeline
Meander over and through old sewer pipes and detritus dumped here long ago.
Southside Trails
Quail Loop
1.3 mile loop recommended for first timers or as a warm up
Entrance Exam
Your first test of steep slopes and climbing difficulty
Gnar REI
Features multiple gnarly sections with roots, rocks, hilly terrian
Hexxus
A steep downhill switchback followed by a roller coaster section
Sidewinder
Climb a steep side slope then follow a winding side to side, up and down sluice
Escalator
Undulating climb takes you up to Titleist
Titleist
Fun roller coaster meanders through boulders
Bouldergeist
Very difficult to get over, through and around giant boulder fields.
Coyote Ridge
Water view with tough climbs and descents
Swamp Thing
Long bridge leads to roller coaster with water views and a few tough climbs
Serendipity
Out and back to pond view
Sand Mine Hill
Only one short climb to long flowy downhillpast old mining structure
Backflow
Fun flowy ups and downs with some tough climbs
HIKING NOT RECOMMENDED ON EXPERT/ADVANCED TRAILS!
Skill Levels
Beginner
Intermediate
Advanced
Expert
KNOW WHERE YOU'RE GOING?
Hempstead Harbor Trails can be viewed on the TRAILFORKS app or web browser or take a picture of the map.
TRAILFORKS



What to know

A predominantly mountain bike trail system on the historic site of the former sand mining operations in Port Washington.

Parking: Aerodrome entrance off West Shore Road across from Tilcon Gravel 145 W Shore Road Port Washington. Park on the left along the chain link fence.

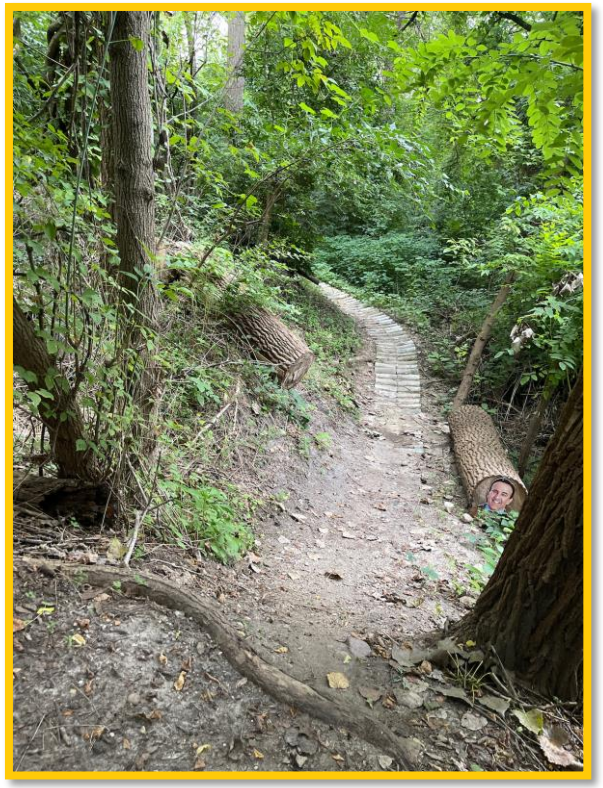
Trails: 19 trails with cross country conditions. Main loop is about 1.25 miles with additional loops to built off that.

Difficulty: advanced green to double black diamond expert.

Handicapped accessibility: no

Important: Trail is shared by hikers so be courteous.

Website to learn more: www.TrailForks.com



Bay Walk, Port Washington North

Painting by Alex Nunez

What to know

Meandering trail with breathtaking views of Manhasset Bay, kayak launch, bike repair station, open air nautical art exhibit, benches, picnic tables, and environmental education.

Parking: 64 Shore Road, Port Washington, NY 11050

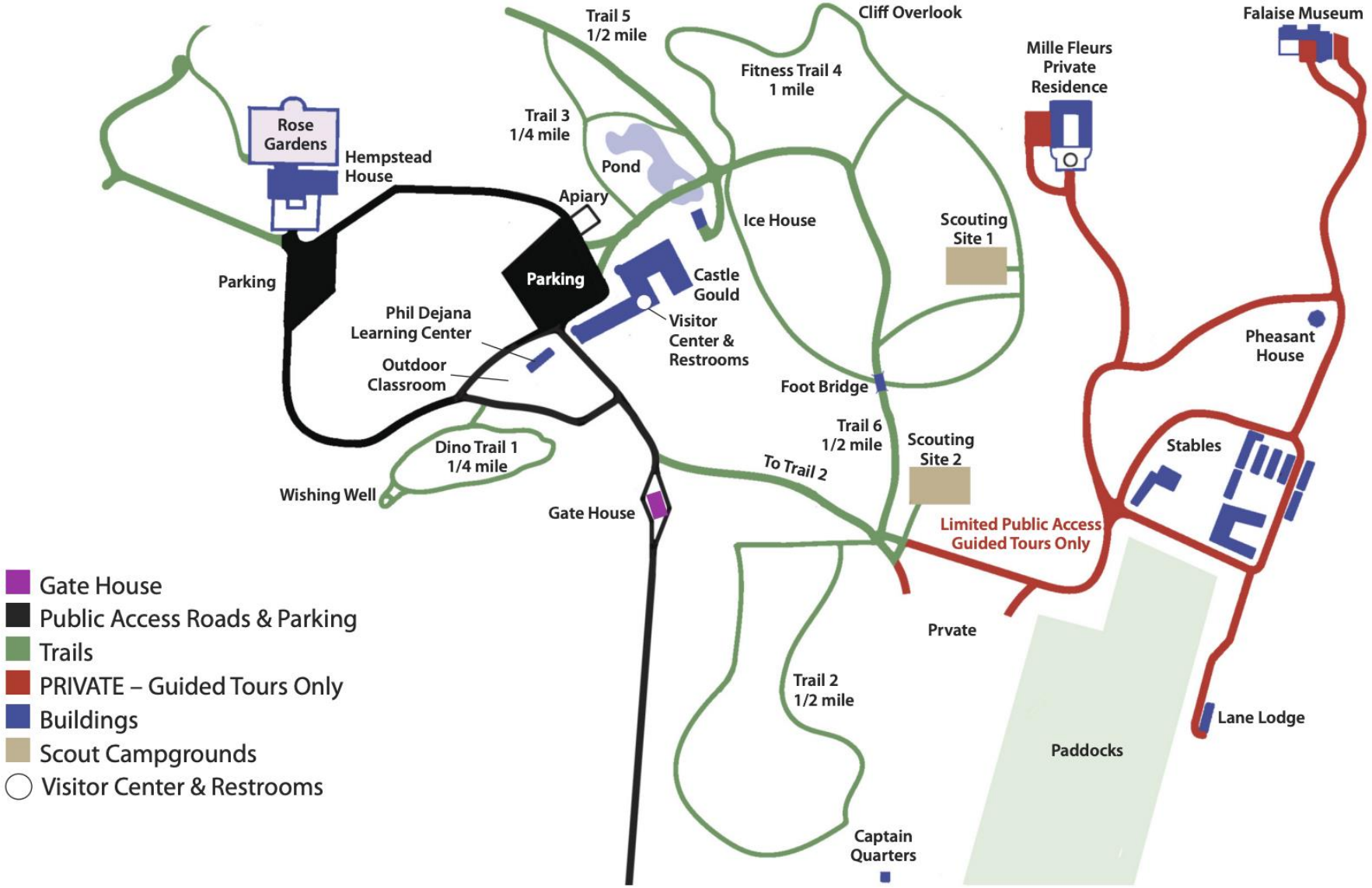
Trail length: ¼ mile

Difficulty: flat and well paved.

Handicapped accessibility: Yes.

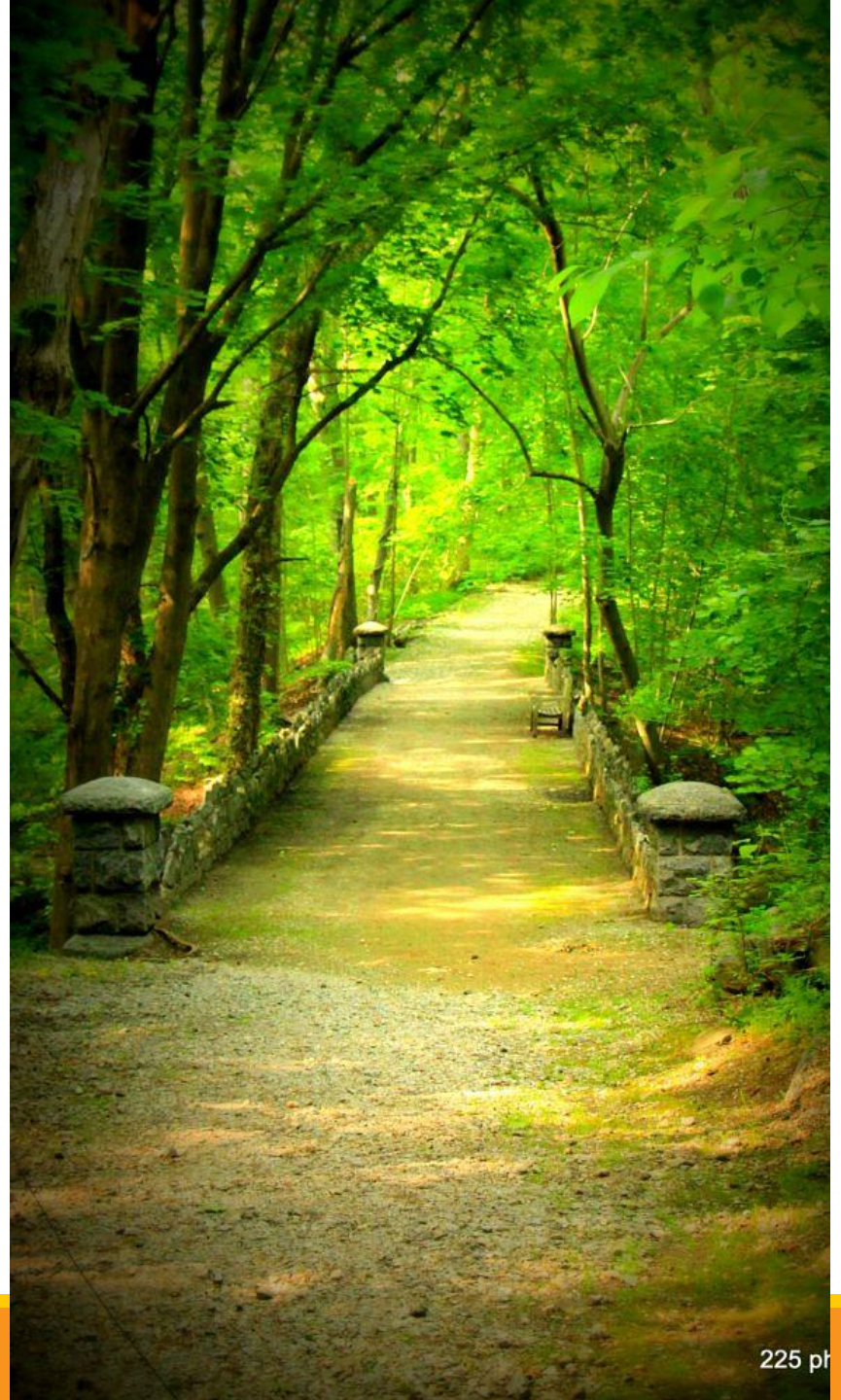
Restroom facilities: Town Dock or Stop & Shop across the street.

Sands Point Preserve



Painting by Alex Nunez

3
XO
XC



What to know

218 –acre preserve on the original Guggenheim estate with great lawn, rose garden, woodland playground, dog run, forest trails, pond area, and The Falaise, Castle Gould and Hempstead Mansions.

Parking: Gated, $15 fee per car or free admission for members. 127 Middle Neck Rd, Sands Point, NY 11050

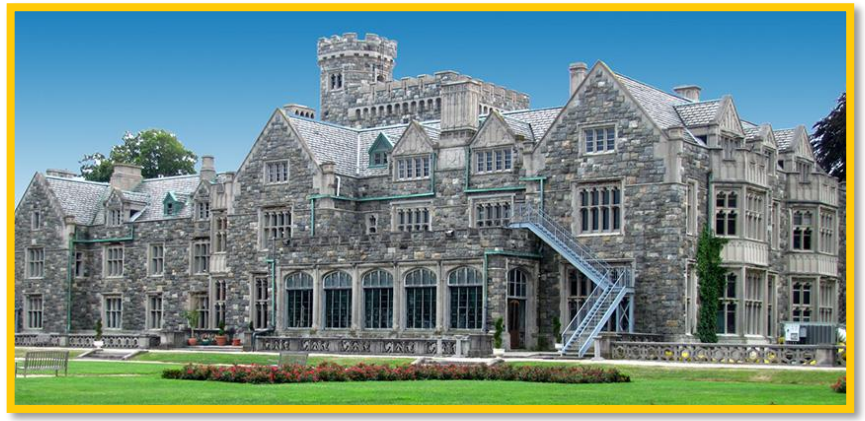
Rest Rooms: Castle Gould's Black Box and Welcome Center

Trails: Six marked trails range from ¼ acre to 1 mile and can be combined.

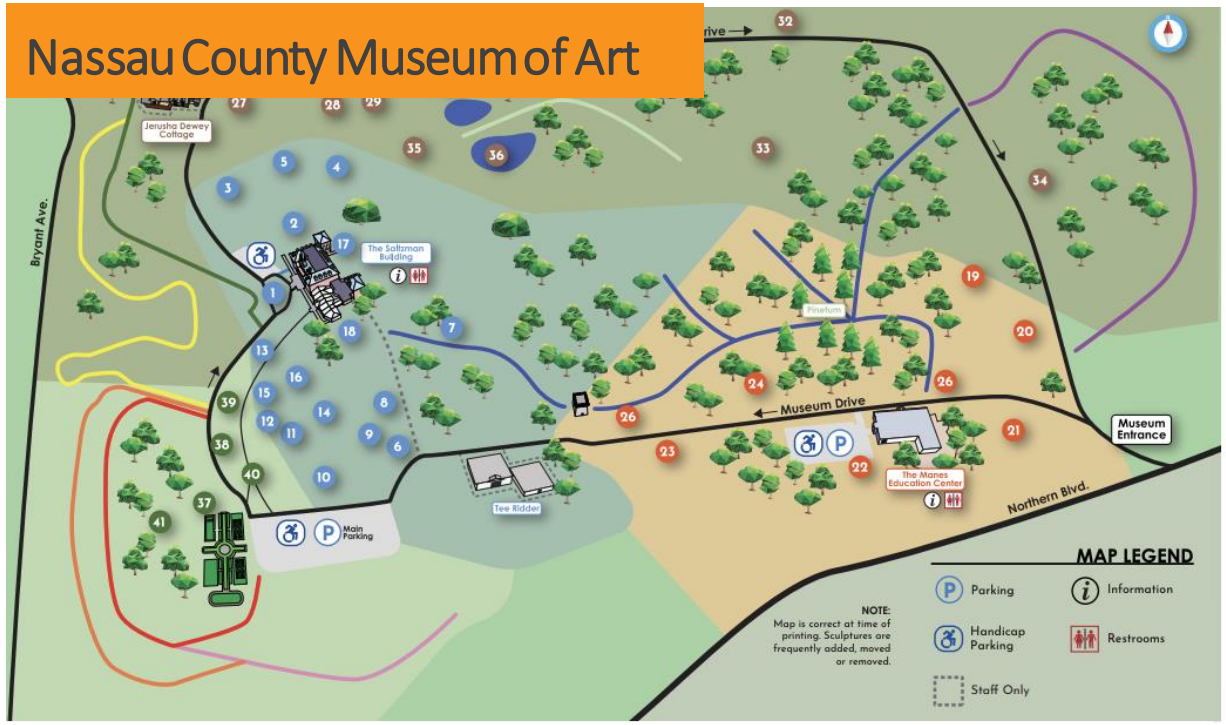
Difficulty: predominantly cross country, in the woods, pretty flat and meandering with some light hills. Great for strolling, hiking, jogging or running. Sweeping views of Hempstead Harbor.

Handicapped accessibility: trails are not handicapped accessible

Info: www.sandspointconservancy.org



Nassau County Museum of Art



MUSEUM

1 Marko Remec, Would That I Wish For, 2018
2 Tony Cragg, Early Form, 1998
3 Reuben Nakian, Hiroshima, 1965
4 Xavier Corbero, H.M., The King, 1987; H.M., The Queen, 1987-88
5 Allen Bertoldi, Redbank 31, Nassau Variation, 1978
6 Charles Ginnever, 3 + 1, 1967
7 Allen Bertoldi, Shelter, 1979
8 Peter Reginato, Casanova Brown, 1984
9 William Tucker, Guardian II, 1983
10 Ana Mercedes Hoyos, Sandia, 2001
11 Masayuki Nagare, Nagare Bachi, 1990
12 Chaim Gross, The Hannaford Family Acrobats, 1964
13 Tom Otterness, Free Money, 2001
14 Manolo Valdes, Regina I, 2006
15 Boaz Vaadia, Shaul, 1986
16 Bruno Lucchesi, Girl on Bicycle, 1965
17 Ilya & Emilia Kabakov, The Arch of Life, 2015
18 Marko Remec, NYET, 2017, Reinstalled 2018

MANES EDUCATION CENTER

19 Richard Nonas, Eraser, 1983
20 Richard Nonas, Brown Penny, 1980-84
21 Mark di Suvero, One Ollock, 1968-69
22 Max Yawney, Fb7/Horse, 2003
23 Marko Remec, Vertebrate Progression Field Totem, 2018
24 Richard Hunt, Sparrow Hill Incline and Extension, 1975
25 Reuben Nakian, Moonlight Goddess, ca. 1960
26 Arthur Carter, Mathematika, 1997

WOODLAND AREA + TRAILS

27 Charles Arnoldi, Hibernating Lies, 1987
28 Alejandro Colunga, Silla, Casa para Palomas, 2001
29 Alejandro Colunga, Stairway to Heaven, 2006
30 Adolph Gottlieb, Petaloid-Negative, 1968
31 Richard Hunt, Europa Hybrid, 1977
32 Reuben Nakian, Garden of the Gods I, 1979-80
33 Richard Serra, Equal Elevations, Plumb Run, 1983
34 Allen Bertoldi, 1-2-3, 1979
35 Allen Bertoldi, Homage to Noguchi, 1979
36 Allen Bertoldi, Wood Duck, 1979

TRAIL LEGEND

- Clayton Trellis
- Twin Pond
- Mountain Laurel
- Pinetum
- Hempstead Harbor Overlook
- Tulip Tree
- Jerusha Dewey
- Ravine

FORMAL GARDEN

37 Charles Carey Rumsey, Three Graces, ca. 1913
38 Fernando Botero, Man on Horseback, 1984
39 William King, Modesty, ca. 1980s
40 Chaim Gross, Caring, 1987
41 The Diver, Nancy Leeds, 1993

Two historic buildings are unavailable to the public until they are restored. The Jerusha Dewey Cottage was built in 1862 by William Cullen Bryant

NASSAU COUNTY MUSEUM OF FINE ARTS
NATURE TRAILS
1. Clayton Trellis
2. Mountain Laurel
3. Hempstead Harbor Overlook
4. Jerusha Dewey
5. Ravine
6. Twin Pond
7. Frick Pinetum
8. Tuliptree Forest
9. Native Grasses
Trail Maps at Main House
USE WALKING TRAILS AT YOUR OWN RISK
NATURE PRESERVE
This Nassau County Preserve is a shared public space provided for your enjoyment and recreation. We want you to have a fun and safe time. Be courteous and respectful to others, and please keep the Preserve clean.
Rules Prohibit:
• Open Fires / Pets / Specimen Collecting
• Alcoholic Beverages / Motor Vehicles
• Boating / Rafting / Swimming / Ice Skating
• Littering or Defacing Preserve Property
Nassau County Ordinance No. 265-1970
Preserve Closes at Sunset
For Emergencies Call Public Safety 572-0300
Visit us on the web at www.nassaucountyny.gov

What to know

Sculpture collection, formal gardens, and trails.

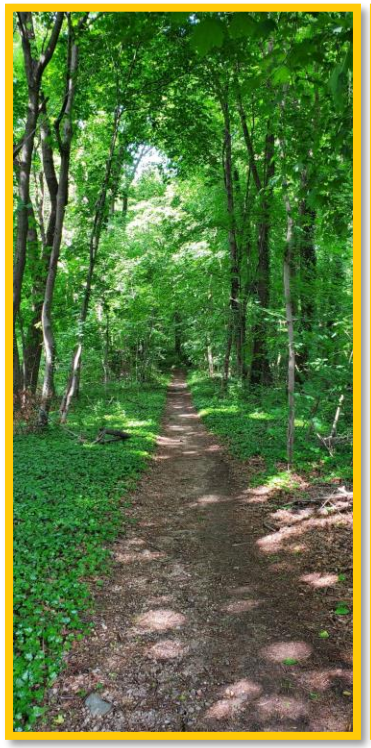
Complimentary Parking on premises. One Museum Drive, Roslyn Harbor, NY 11576

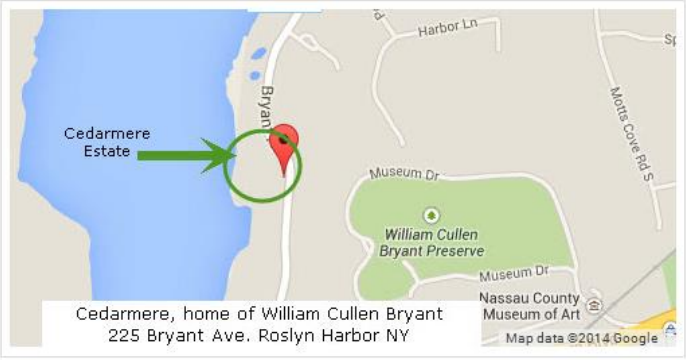
Trails vary in length and difficulty from paved to cross country. Offers shade and benches. Paved roadway that circles estate is 1 mile. Or cut through the grass and do ½ mile loop.

Handicapped Accessible portions: Yes

Bathrooms in museum.

Info: www.nassaumuseum.org





Cedarmere Park

What to know

The country home of prominent 19th-century poet, newspaper editor, and civic leader [William Cullen Bryant](), is a 7-acre site on the west side Bryant Avenue in the Village of Roslyn Harbor. The property has a pond, boathouse, house, mill, gardens, and a spectacular landscape designed by Bryant. Here, Bryant sought sanctuary from the congestion and chaos of the city, where he could rest, work on his poetry, and spend time surrounded by nature.

"Cute little date/picinic spot" - Yelp

Complimentary Parking on premises.

Handicapped Accessible portions: Yes

Bathrooms in museum.

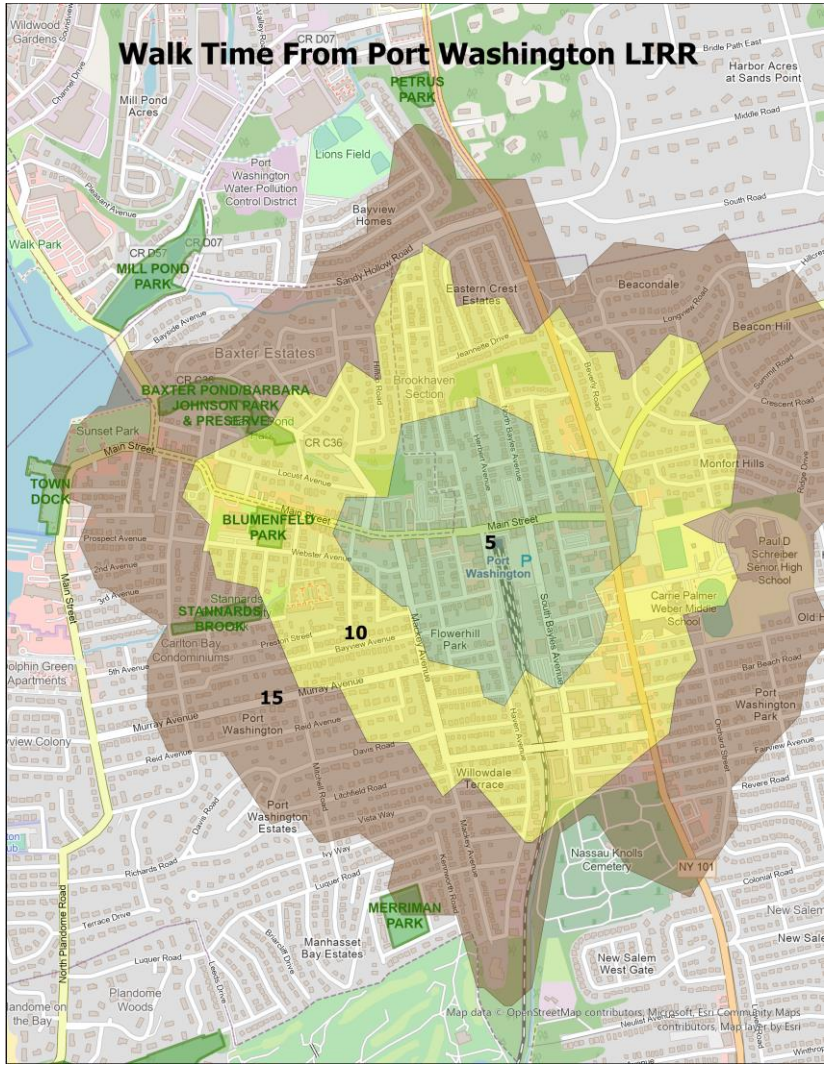
Info: www.friendsofcedarmere.org

five, ten, fifteen-minute Shop, Dine and Stroll Routes

Port Washington

Greater Port Washington Business Improvement District

Port Washington Chamber of Commerce



Point of Origin: LIRR Station, Main Street between Bayles and Haven Avenue **Walking**

5 - Minute Walking Destinations

- Wonderful shops and restaurants
- Port Washington Mural Project

10 – Minute Walking Destinations

- More wonderful shops and restaurants
- Blumenfeld Family Park
- Landmark on Main Street Theatre
- Port Washington Public Library
- Campus Drive

15-Minute Walking Destinations

- More wonderful shop and restaurants – Historic Antique District
- Stannards Brook Park
- Town Dock
- Sunset Park
- Baxter Pond Preserve

Upcoming Events:

- *Yarn Arms Around Port – April - 50 Trees lining Main Street decorated by Fiber Artist*
- *Port Outdoors – 3rd Thursday May – September, plus 4th Thursday in September*
- *Harbor Fest, Dock Day and Craft Fair - Sunday June 5, 10AM – 5PM*
- Summer Friday Night Band Shell Concerts

20 MINUTE WALK
8 MINUTE WALK
ASPEN

IT'S ONLY A
12 MINUTE WALK
To The Library
Let's walk
pW!
SHOP. DINE. EXPLORE.
SPONSORED BY
THE RIMMER FAMILY
RESIDENTS FORWARD

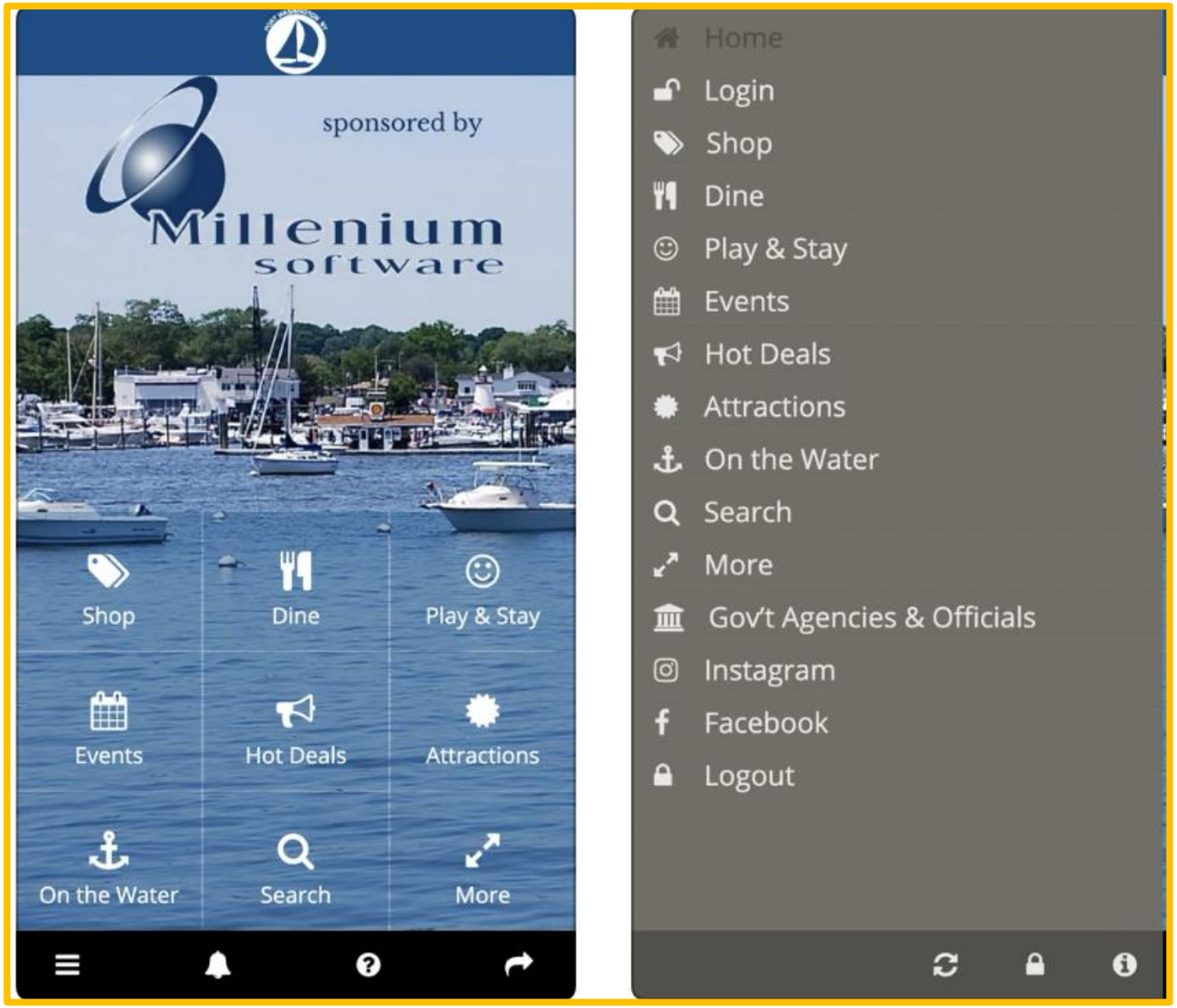
IT'S ONLY AN
8 MINUTE WALK
To Grab A Bite on Shore Road
Let's walk
pW!
SHOP. DINE. EXPLORE.
RESIDENTS FORWARD
SPONSORED BY
THE RIMMER FAMILY

Let's walk
pW!
SHOP DINE EXPLORE
RESIDENTS FORWARD

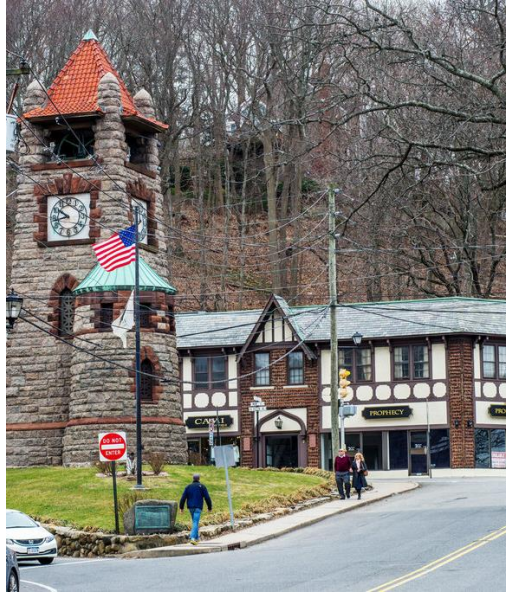
IT'S ONLY A
15 MINUTE WALK
To Morgans Dock
Let's walk
pW!
SHOP. DINE. EXPLORE.
SPONSORED BY
THE RIMMER FAMILY
RESIDENTS FORWARD

New App!
Try Port First

PORT WASHINGTON NY
TryPortFirst

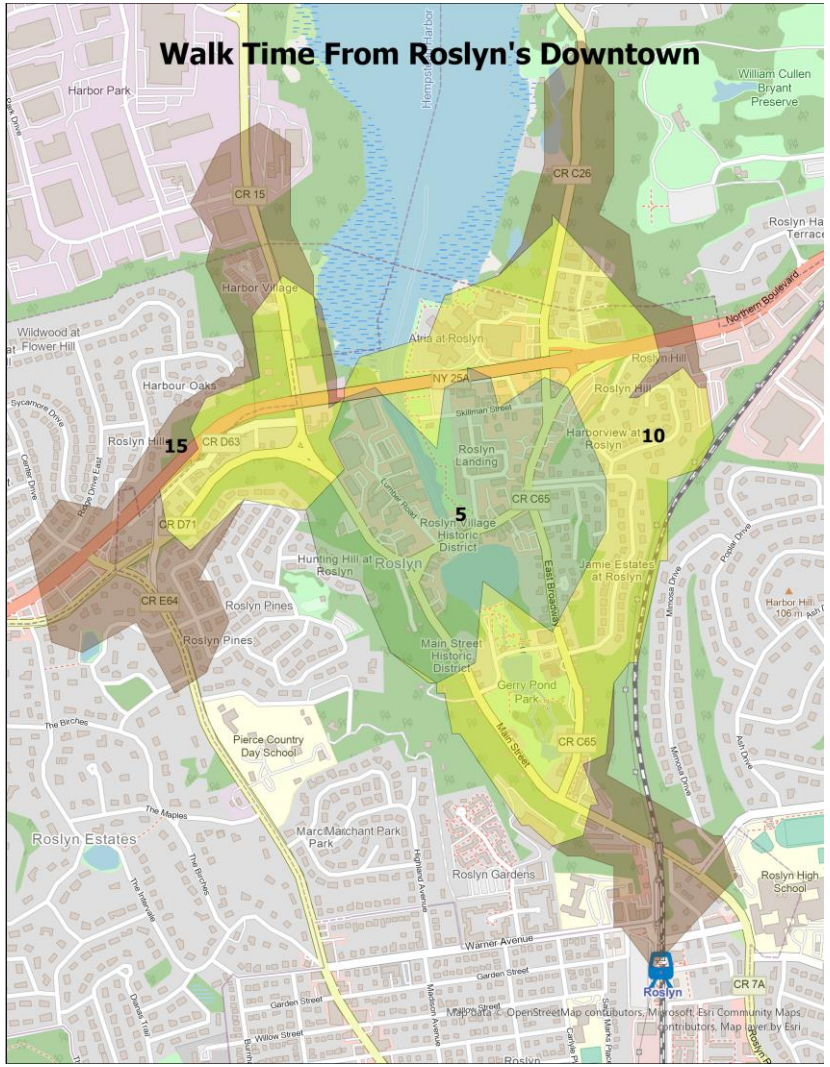


KATHERINE T
MILAN - NEW YORK



ROSLYN
A STAR IS BORN
SCIENCE FAIR
R
PG
FIRST MAN
PG-13
THE SAMUEL PROJECT
VILLAGE NAILS
STOP

Roslyn



Point of Origin: Historic Village Center, 1345 Old Northern Blvd.

5-Minute Walking Destinations

- Wonderful shops and restaurants
- Historic Roslyn Grist Mill
- Lumber Rd – DURVO
- New Skillman Street Park with dog run
- Movie theatre
- Vibrant Walkable Living
- Post Office

10 – Minute Walking Destinations

- Gerry Pond Park
- Bryant Park Library
- Historic Homes

15-Minute Walking Destinations

- Cedarmere – spectacular views, gardens, walks, events, paths to waterfront
- LIRR Station

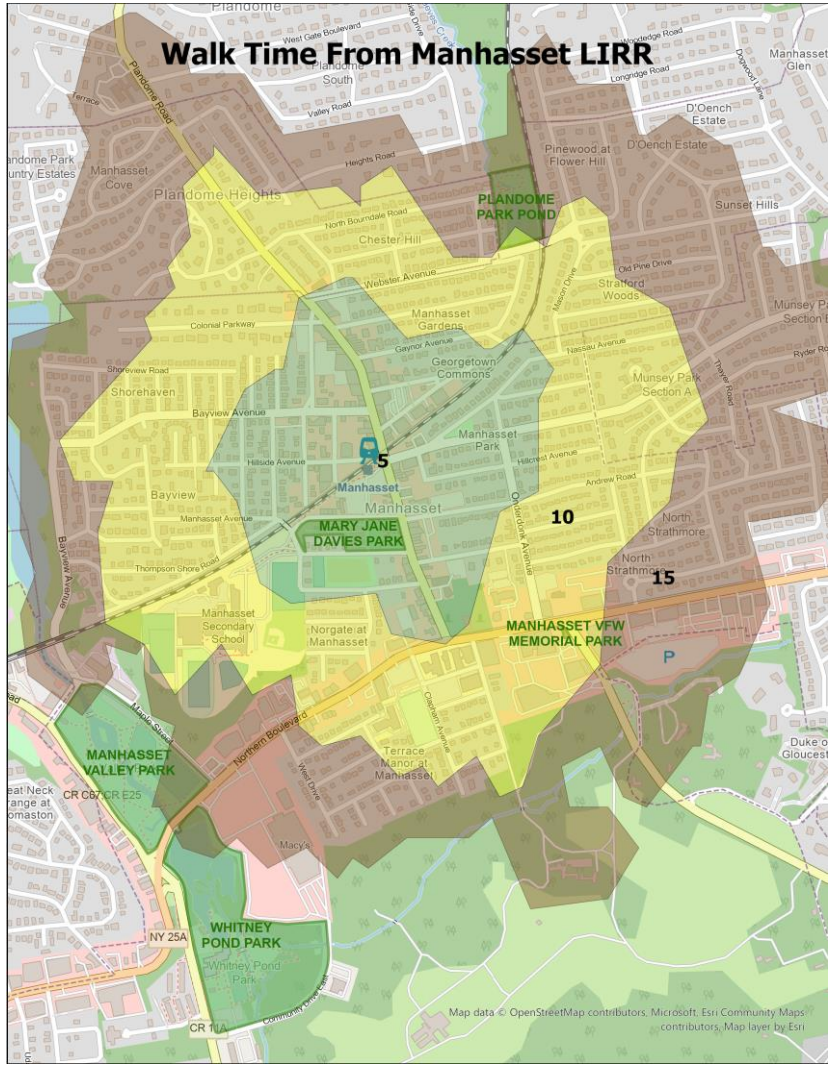
Upcoming Events:

- *Roslyn Treasure Hunt* (Garage/Tag Sale) at Skillman Street Park
- *Founders Days* –Roslyn Village in June
- Walking tour of the historic homes and sites – June 4th

For more information: www.roslynchamber.org

Manhasset

www.ManhassetChamber.com
www.ShopManhasset.com



Point of Origin: LIRR, Plandome Road and Maple Place, off of Park Avenue. Five blocks North of Route 25A-Northern Blvd

5 - Minute Walking Destinations

- Wonderful shops and restaurants
- Mary Jane Davies Green Park and Gazebo
- Manhasset Cinemas

10 – Minute Walking Destinations

- Wonderful shops and restaurants
- Manhasset Library
- Manhasset Secondary School and High School

15 - Minute Walking Destinations

- Plandome Park Pond
- Weldman Memorial Park
- Valley Pond Park
- Northern Blvd Shops and restaurants

Upcoming Events:

- Earth Day: Community Clean-up *April 22*
- Manhasset Al Fresco *June – September*
- Halloween on Plandome: Trick or Treat *October 22*
- Merry Manhasset: Small Business Saturday *November 26*

Community Events Calendar, Dining Menus and About Manhasset visit www.ManhassetChamber.com
Full info on Community Events and local shopping guide visit www.ShopManhasset.com

AMERICANA
MANHASSET

Villa Milano
Ristorante & Pizza

MANHASSET CHAMBER OF COMMERCE

MANHASSET BEAUTIFICATION

FLORAL HANGING BASKETS

SEASONAL & HOLIDAY DECOR

FLORAL PLANTERS

THE MANHASSET CHAMBER DECORATES PLANDOME ROAD THROUGHOUT THE YEAR.

WELCOME TO MANHASSET

SPONSORED BY THE MANHASSET CHAMBER OF COMMERCE

MANHASSET CHAMBER COMMUNITY CALENDAR

View our Community Calendar for all events happening in Manhasset! Manhasset Chamber of Commerce (MCOC)

March 2022

S	M	T	W	T	F	S
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

NO EVENTS FOR TODAY

GREENS IRISH PUB

Manhasset Chamber Member

Need a place to unwind after a hectic day at your office? Make your way to Greens Irish Pub & enjoy the mouthwatering food. Try our delicious coconut shrimp (tiger shrimp coated with coconut & served with sweet & sour sauce) or our beer battered chicken nuggets served with tangy barbecue sauce. Take a look at our extensive food menu & choose from a wide variety of tasty appetizers, [illegible]ds, burgers, desserts, & more.

SHOP MANHASSET

www.shopmanhasset.com

ABOUT SHOP MANHASSET

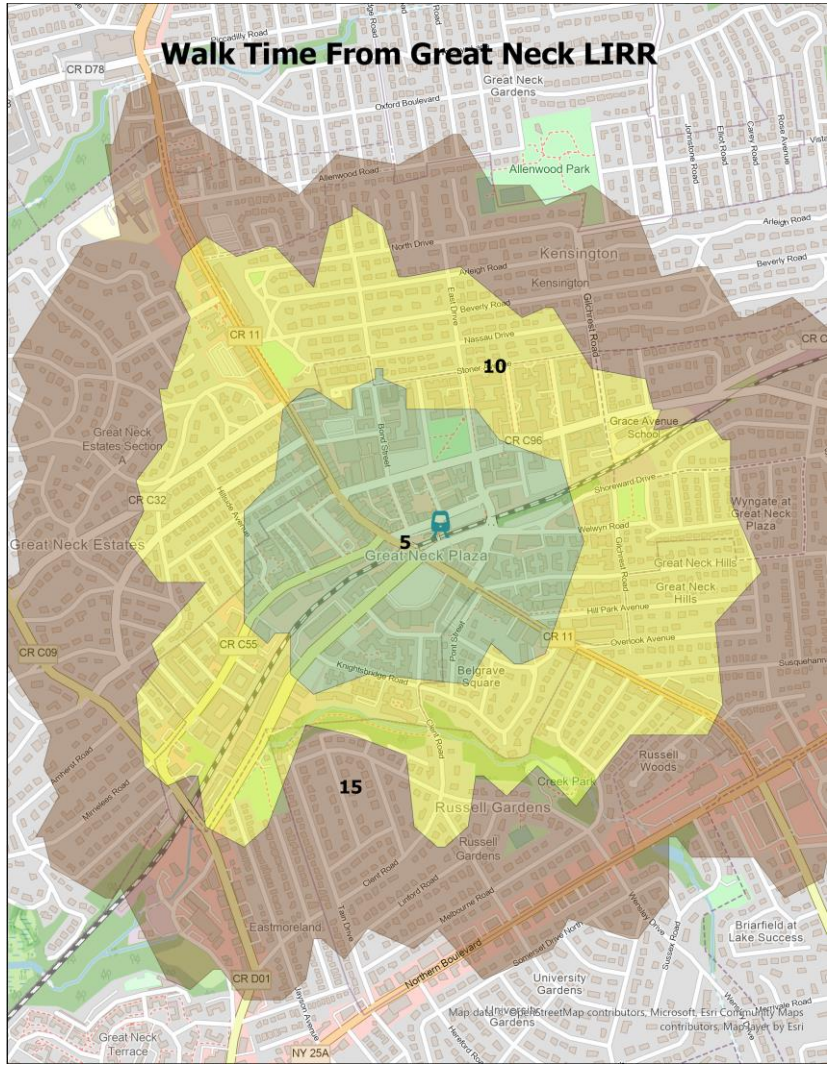
A social media platform created by Chamber Vice President, Antonietta Manzi. SHOP Manhasset was created in an effort to support our town and local businesses as well as to encourage our community to Shop Locally! A central place for businesses and residents for everything that's happening in Manhasset.

Full event details for all Manhasset Chamber Community Events!

A Facebook Group (@shopmanhasset) was created created in October 2020, where businesses have the opportunity to promote and connect with the community.

Destination Great Neck

Great Neck Plaza BID
Business Improvement District
WWW.SHOPGREATNECK.COM



Point of Origin: LIRR Station, 11 Middle Neck Rd.

5 - Minute Walking Destinations

- Wonderful shops and restaurants
- Firefighters' Park

10 – Minute Walking Destinations

- Entire Downtown of Great Neck Plaza - lots of shops and dining

15-Minute Walking Destinations

- More wonderful shop and restaurants – Historic Antique District

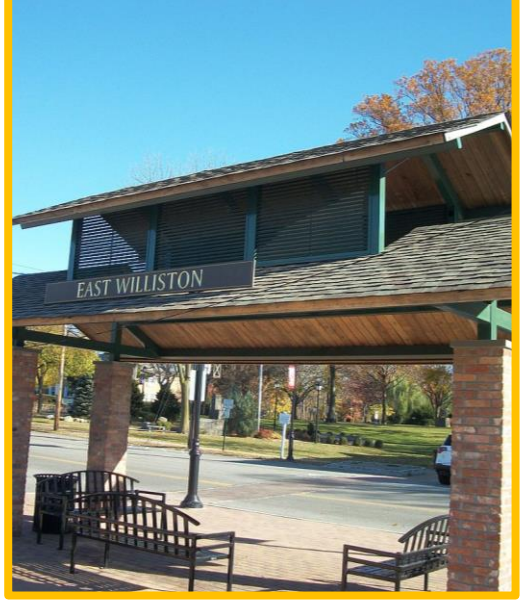
Upcoming Events:

•The Summer Promenade Dates are as follows:

- June 23 - Bond Street
- June 30 - Middle Neck Road North
- July 7 - Middle Neck Road South
- July 14 - Bond Street
- July 21 - Middle Neck Road North

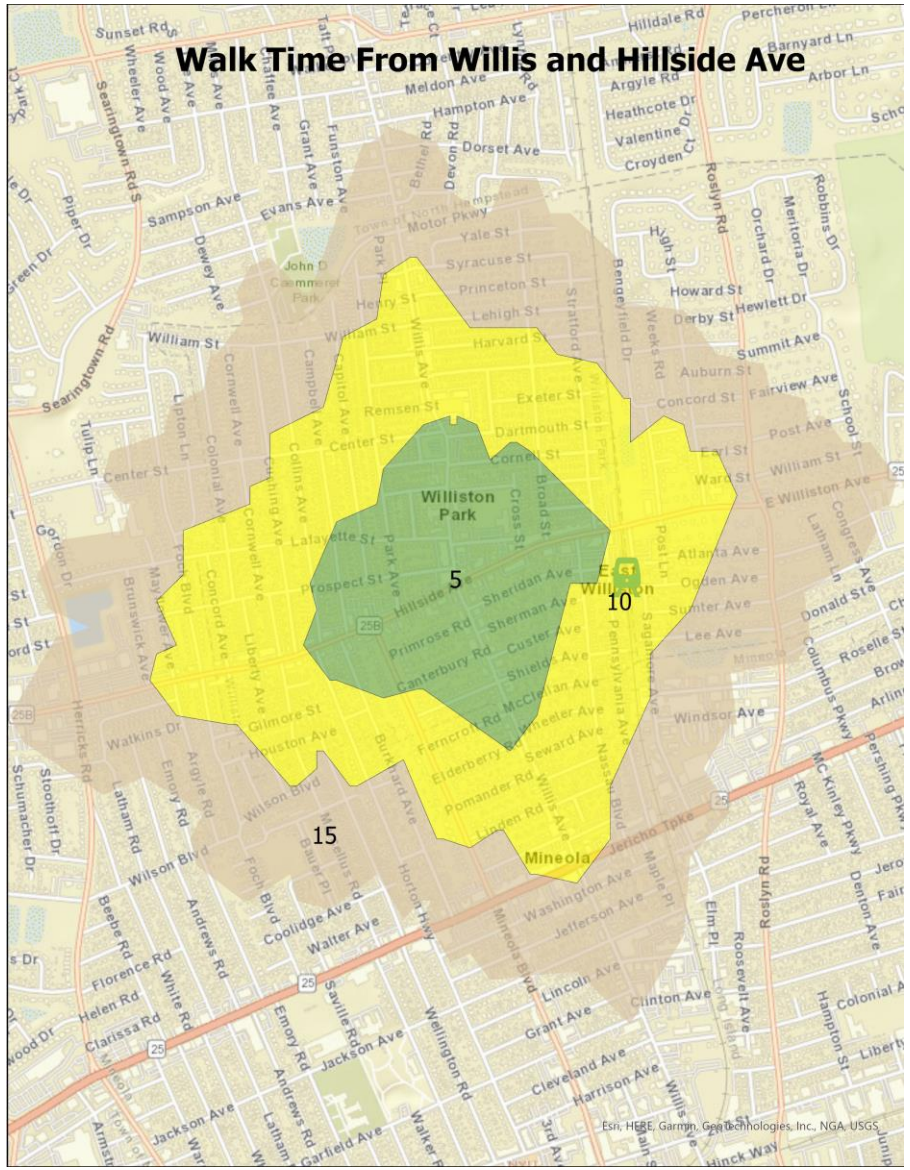
•Halloween Fall Event--October 30--Bond Street

•Visit shopgreatneck.com for more information



Williston Park

CHAMBER OF THE **WILLISTONS**



Point of Origin: Corner of Willis and Hillside Avenue

5 - Minute Walking Destinations

- Wonderful shops and restaurants
- 9/11 Memorial
- St. Aidans Church
- East Williston Public Library
- Village Hall

10 – Minute Walking Destinations

- More wonderful shops and restaurants
- LIRR

15-Minute Walking Destinations

- More wonderful shop and restaurants
- John Caemmerer Park

Upcoming Events:

- *Williston Day Street Fair September 18*
- *5K race date to be announced*

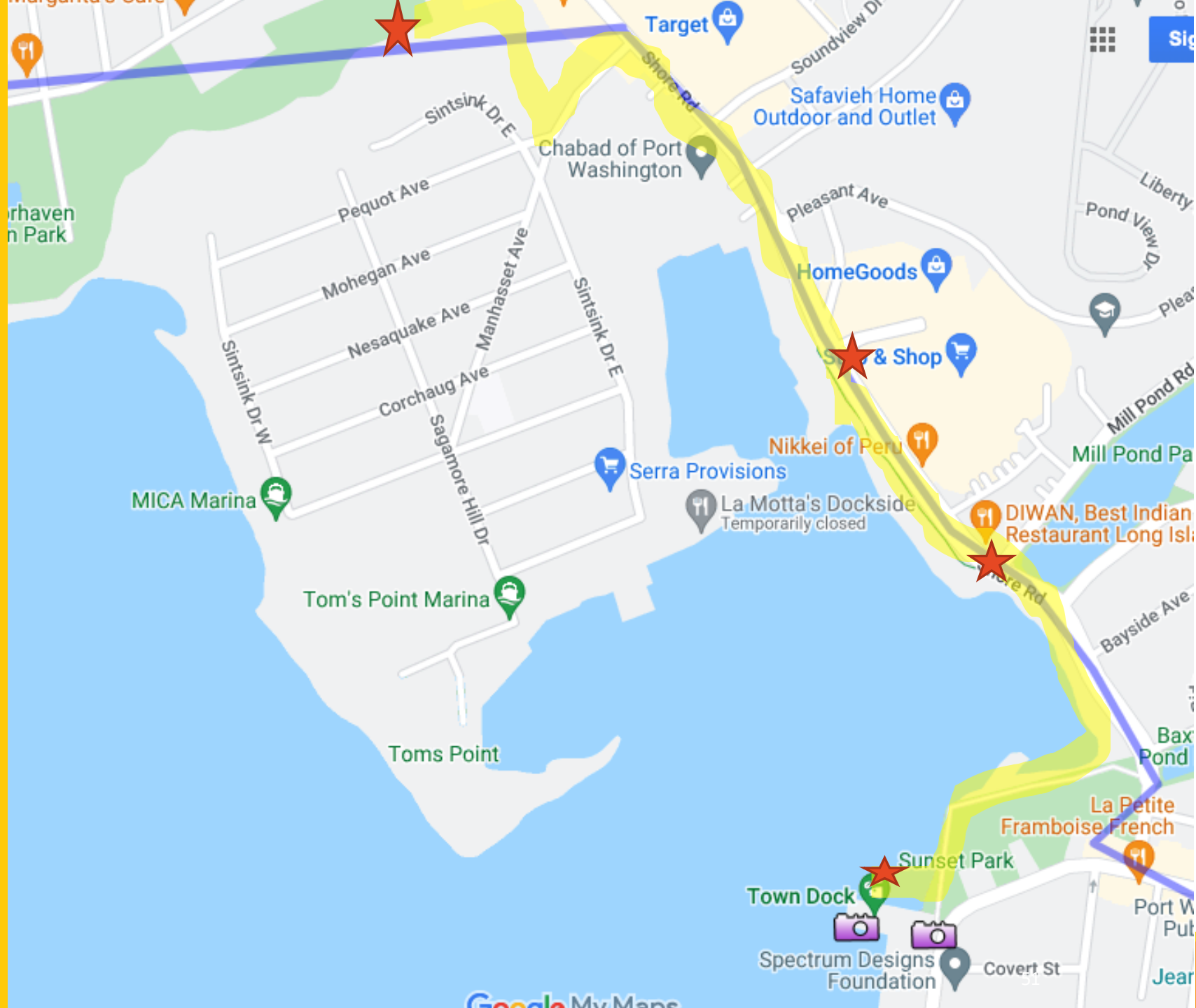
More info: www.chamberofthewillistons.com

Westbury

Future Active Transportation Plans

Town of North Hempstead - Blueway Trail Plan
Legend
DRAFT
Long Island Sound
Sands Point
Sands Point Preserve
Village Club of Sands Point
Manorhaven Town Park
Sunset Park
Port Washington North
Manhasset Bay
Town Dock
North Hempstead Harbor Beach Park
Stepping Stone
Plandome Manor
Future
Roslyn
Plandome
Flower Hill
Great Neck
Plandome Heights
Munsey Park
Harbor Hills Waterfront Park
Kensington
Roslyn Estates
Great Neck Estates
Great Neck Plaza
Thomaston
North Hills
Village of Great Necks Estates Park
Russell Gardens
Little Neck Bay
Lake Success
Glen Cove
Sea Cliff
Roslyn Harbor
East Hills

BAY WALK FUTURE



NORTH HEMPSTEAD BEACH PARK FUTURE

LET'S MOVE LI

LONG ISLAND'S ACTIVE TRANSPORTATION INITIATIVE

Questions

Next Session

ELECTRIC VEHICLES - 101

Tuesday, April 12 at 2 p.m. – Clinton G. Martin Park

Uncover the basics about electric vehicles with a panel of experienced EV owners and an EV Show and Tell.

Facilitated by: Drive Electric LI