

Radio Show Schedule 12-20-19					
	Host	Guests/Contact Info	Producer	Subject	
<b>15 Min Segments</b>					
<b>10-10:15AM</b>	John Ryan Otto Lohse	Nicole Borukhov, MS, RDN, CDN (Community Nutrition Educator Cornell University-Cooperative Extension Nassau County)	Kristina Lew	Healthy Holiday Eating Tips	
<b>10:15-10:30AM</b>	John Ryan Otto Lohse	Nicole Borukhov, MS, RDN, CDN (Community Nutrition Educator Cornell University-Cooperative Extension Nassau County)	Kristina Lew	Healthy Holiday Eating Tips	
<b>10:30-10:45AM</b>	John Ryan Otto Lohse	Lyn Dobrin (Food & Travel Writer)	Kristina Lew	Holiday Food & Travel	
<b>10:45-11AM</b>	John Ryan Otto Lohse	Lyn Dobrin (Food & Travel Writer)	Kristina Lew	Holiday Food & Travel	
<b>11-11:15AM</b>	John Ryan Otto Lohse	Old Time Radio: Duffy's Tavern-The Cast Does ' A Christmas Carol' (12-21-45) (29 min)	Kristina Lew	Duffy's Tavern-The Cast Does ' A Christmas Carol'	
<b>11:15-11:30AM</b>	John Ryan Otto Lohse	Old Time Radio: Duffy's Tavern-The Cast Does ' A Christmas Carol' (12-21-45) (29 min)	Kristina Lew	Duffy's Tavern-The Cast Does ' A Christmas Carol'	
<b>11:30-11:45AM</b>	John Ryan Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Talk of the Town	
<b>11:45-12PM</b>	John Ryan Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Talk of the Town	
